

Denville Township Schools
Health Office Guidelines and Suggestions

PLEASE READ AND KEEP FOR REFERENCE

A good education requires that our children have regular attendance with few absences. There are some occasions, however, when children need to stay home. These guidelines are designed to protect the health of all children in our schools.

1. Parents to monitor their students every morning for symptoms of Covid-19 including, but not limited to:
 - Fever or fever-like symptoms- Temperature above 100.4 with or without fatigue/body aches/chills.
 - Respiratory symptoms- Cough, congestion, runny nose, sore throat, shortness of breath unrelated to asthma and or allergies
 - Gastrointestinal symptoms- Diarrhea, vomiting, severe nausea
 - New unexplained loss of taste or smell
 - Eye redness/drainage
 - Student reports or has been notified of being in close contact with a positive Covid-19 case.
 - Confirmed non-Covid viral infectious disease- ie influenza or rhinovirus
 - Contagious infections requiring antibiotics- ie. strep throat or pink eye.
 - Undiagnosed, new, and /or untreated skin rash or condition.

Any of the above must be reported to the health office immediately for possible contact tracing.

2. Parents should not send students to school when sick.
CDC recommends that students and staff with the following symptoms be promptly isolated from others and **excluded from school**:
 - At least **two** of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion, eye redness/drainage or runny nose; **OR**
 - At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.
3. Individuals who have symptoms of COVID-19 AND have tested positive (by PCR, rapid molecular or antigen testing) OR have not been tested (i.e. monitoring for symptoms at home) should stay home and away from others until:
 - At least 10 days have passed since their symptoms first appeared AND
 - They have had no fever for at least 24 hours (one full day without the use of medicine that reduces fever) AND
 - Symptoms have improved (e.g. cough, shortness of breath)
 - A. Individuals who have NO symptoms and have tested positive should stay home and away from others until:
 - 10 days have passed from the collection date of their positive COVID-19 diagnostic test AND they have not developed symptoms.
 - B. Individuals who have symptoms and have tested negative should stay home and away from others until:
 - 24 hours after their fever has ended without the use of fever reducing medications and other symptoms improve.
 - C. Individuals who are identified as a close contact of a confirmed case should:

• Self-quarantine and monitor for symptoms for 14 days from the last date of exposure with the confirmed case, even if contact tested negative.
(#9-12 is from the NJDOH & CDC)

4. If a child vomits during the night, please do not send him/her to school that day. If your child vomits in school, we will call you for pick up rather than sending him or her home on the bus. (see #2)
5. If a child has been diagnosed with Strep throat, state law requires that he/she must be on medication a full 24 hours before returning to school.
6. Chicken Pox requires absence from school while pustules are still forming; the student MUST remain at home until ALL scabs are dry. Please contact your School Nurse prior to your child's return to school.
7. It is VERY important that the School Nurse be notified if head lice or nits are found in your child's hair.
8. If a child needs to be excused from physical education class, a WRITTEN NOTE from the parent is REQUIRED. *To be excused for more than 2 days, a doctor's note is required.* A doctor's note is also required for a student to resume participation in physical education classes and sports after an extensive illness, surgery or severe injury.
9. Please notify your School Nurse and transportation department if your child is using crutches in school. Any student riding a school bus must be able to bear weight and evacuate quickly in the event of an emergency. An MD note stating that your child can bear weight and evacuate safely is required in order for a student to ride the bus with crutches.
10. Students requiring **medication** at school must have a **written order from the pupil's private physician and the parent/guardian's written request for its administration.** Medication must be delivered to the school nurse by the pupil's parent, guardian or designee in the original container labeled by the pharmacy or physician in the case of a prescribed medication, or the manufacturer's label in the case of an over the counter medication. Written orders signed by the pupil's private physician must state the name of the medication, the purpose of its administration and its proper timing and dosage.
11. Please notify your School Nurse any time that your child develops a communicable disease, such as Strep or Fifth Disease, or sustains an injury requiring medical attention, even outside school activities. Your child's school health record is often the most complete record available for college applications, etc. It is only as complete as the information received!